



**INFORMATION
BOOKLET**



WHAT'S THE PURPOSE?

Our hope for the Gap Year is that throughout it you will learn to pursue Jesus more fully.

Throughout the year we'll be exploring exactly what it looks like to follow Jesus, and to allow him to transform our lives. Through teaching, serving, studying, and loads of other stuff, we want to equip you to be all that you can be, discover more of who God is and his plan for your life, and have a lot of fun on the way!

"It's had a massive impact on me and enabled me to spend a year focusing on my relationship with Jesus"



WHAT DO YOU GET UP TO?

The Gap Year is part-time, and will generally involve Tuesdays, Thursdays and Sundays. There will be different events throughout the year that will fall outside of that, such as Youth Weekends away, conferences like Cause to Live For and other amazing events, but each week you will generally have Mondays, Wednesdays and Fridays to find yourself some part-time work.

▶ **Tuesdays**

As part of the Gap Year, you will play a massive part in the Trent Youth team. Trent Youth is the ministry for 11-18's at the church that runs loads of different events. Each Tuesday we will meet at the Youth Centre early to pray, worship and chat together and then crack on with the rest of the day. This will involve exploring the bible, planning events, getting ready for Tuesday nights and having a laugh together. In the evening you'll play a vital role in the Trent Youth team. This will be a brilliant opportunity for you to get involved in small groups, workshops, and spend time with many of the young people in the church.

"The best bit has been getting to know the young people at Church and exploring Jesus with the other guys on the gap year"



▶ Thursdays

Serving those in need is a huge part of following Jesus, and the Arches provides an amazing opportunity to do so. The Arches is a practical resource and support centre for those in need across the city of Nottingham, that provides anything from furniture to a cup of tea. Thursdays will usually begin with some prayer and worship, and then you will spend the morning serving on team. You will get a chance to try out loads of different roles, ranging from project working to delivering the furniture, before eventually getting stuck in with the ones that you enjoy the most. Once you finish around 1pm, you can grab some lunch and then spend the afternoon planning your trip for Term 3.

▶ Sundays

We believe that a key part of being part of Trent is getting involved and serving on the Sundays. These provide a great space to serve and meet loads of others in the church. Not only will you be involved with Trent Youth, you will also be a part of a number of different teams. This could be anything from refreshments, to set up, or even car parking! All together this will involve serving on 5 of every 8 services each month, and attending the rest!

“I’ve just loved getting into serving Jesus in whatever way I can.”

▶ The Bible

One of the main priorities of the Gap Year is studying the Bible together because it is one of the best ways to learn more about God! Our hope is that by the end of the year, you will leave knowing far more about yourselves, your faith, and God’s vision for your life. This will involve lots of different chats, discussions, and other creative ways of getting into the bible.

“I had thought the bible was all a bit boring...but getting stuck into it has given me a different view on everything be prepared for it to change your life!”

▶ Term 3

In the last term of the year, you get the opportunity to go abroad for 6-8 weeks. Where you go and what you do are entirely up to you! The idea is to spend some time outside of your usual context, seeking to follow Jesus and meet the needs of a local community. Throughout the year you will dream, plan, and fundraise for what will be a life changing experience and we’ll support you in all of that.



WHAT ARE THE EXPECTATIONS

We long to see you grow, develop, and become more like Jesus throughout the year. During the year you will be in a real position of influence, especially among the young people in the church, and so the expectation is that you will be living a life that is committed to Jesus. A big part of that will require you being disciplined and open to guidance and direction. It is an amazing chance to have a number of people investing in you, but it means that you have to be up for others speaking into your life about anything, including relationships, behaviour, and every other bit of your life! This will mean that you have a mentor for the year, who will put time aside to hang out with you, keep you accountable and answer any questions you may have.

SMALL GROUP



Small groups are a really important way to be a part of the church and if you're not part of one already then we can help you find one. This is essential to getting involved in the wider church, making new friends, and being part of an accountable community.

COSTS



There is absolutely no cost for the Trent Gap Year. Obviously there will be food, rent and bills each week but the year itself is completely free.

ACCOMMODATION



If you are moving to Nottingham for the Gap Year, there may be families within the church that would probably be interested in having a lodger at a relatively low rate. We cannot guarantee accommodation for anyone involved with the Gap Year but we will do all that we can to help you with this.

GET IN TOUCH WITH ANY QUESTIONS...

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