



DY+ FAQ



DY+ is a year of discipleship, ministry and growth for anyone in Trent aged from mid 30s and up, who would like to give a day a week to growing deeper, serving, learning and asking for more from God. Following Jesus is the journey of our whole lives. There is always more of God's love, friendship, power and equipping that he wants to pour out and setting a year aside to grow can be such a significant experience.

If you'd like to go deeper as a disciple, understand more of who you're called to be and see more of the kingdom coming in and through you, then DY+ might be the next step for you.

DY+

What is discipleship?

Jesus told his disciples to 'Come, follow me'. Disciples are the ones who had been with Jesus. They spent time with him and learned to live life as he did, beloved by his Father, and releasing the kingdom everywhere he went. First and foremost, we are apprentices of Jesus, being disciplined in how to live in his good kingdom, and that's the heart behind DY+. – we want to grow as disciples. We want to follow him and live as he did.

Who is DY+ for?

DY+ is for anyone who calls Trent home who is aged over 35, whether you've been following Jesus for decades, or are relatively new to faith. It's a year about growth, depth, and transformation, and our heart is that what God does in each of us will overflow and impact the world around us.

What is the content of DY+?

We follow the academic year, so break our content into three terms, running from late September until early July, including teaching, discussion, practice, smaller groups and ministry times together.

Term 1 – Going Deeper with Jesus. This term is all about foundational rhythms of life with Jesus based on spiritual practices.

Term 2 – Identity and Story. We learn about God's story and our place within that bigger story, covering corporate and personal identity.

Term 3 – Taking our Place in the Kingdom, growing in supernatural ministry wherever God has placed each of us.



Will I get to serve at Trent?

Those on DY+ have opportunities to serve in our compassion ministry through the Arches, and also in other church contexts, such as the Carol Service. We encourage those on DY+ to be finding the places they love to serve both in church and in their community and to get stuck in themselves, but will also

Our heart is to raise up disciples who serve and bless those around them with the gifts God has given each of us. Each of us also have a family, friends, local community, maybe a workplace, and our passion is to see disciples who carry the kingdom of God into their local context. So alongside serving within Trent, we will be exploring how each of us is called to serve in so many other creative ways, both big and small, wherever God has placed us.

Who is the team?

DY+ is led by a team of people passionate about following Jesus wholeheartedly and encouraging others to grow deeper in their faith. Ali Courtney and Cathay Burnside lead the team; Ali loves strategic growth, and seeing people serve and live out of their gifting, passion and personality. Cathay loves emotional health and restoration. The whole team love seeing God at work in people's lives.

We also regularly have input from others within Trent who have experience in a particular area, so together we get to learn and grow alongside a large variety of people

What are the requirements?

DY+ is open to those who call Trent home. Any time we set time aside to grow and be stretched it's important to already be planted in community and growing in the context God has placed us.

In light of that for those considering DY+ we ask that you be:

Part of a small group

Serving somewhere in Trent

Giving

Each of these are not simply a tick box exercise, instead they are ways God shapes us in church family. Disciples are those who value growth in community, who love and serve, and who practice worship and generosity by giving, and we value each of these areas. If you aren't able to meet these criteria but would still be interested in DY+ please get in touch and we can have a conversation.

What is the time commitment?

DY+ meets for a day every week in school term time. Our usual hours are 9.30am-3pm on Thursdays, running from late September until early July. Some weeks there will also be reading or short practices to complete ahead of meeting together.

As well as this there are serving opportunities such as leaders' meetings and the carol service, and national Vineyard events, which DY+ gets to be part of, so we encourage those applying to think about your availability next year, and whether you can make space in your diary to prioritise DY+.

How many people usually take part each year?

There is no official limit to the numbers, we want to prayerfully explore with each person individually to see if this is what God is calling them to for next year. Previous years have tended to have between 10-20 people.

What do I do next?

If you'd like to submit an application form please click [HERE](#).

We encourage anyone considering the year to have a chat with close family and small group leaders to ask for their wisdom and prayers as you take your next steps, and to begin asking God what he might want to do in and through you in DY+ in the coming year.

After the application deadline our team will be in touch to arrange a date and time for a conversation – the purpose of this is to hear a bit more about you, to ask any questions we might have from your application form, and also to give more information about the year.

We believe a year like DY+ can be hugely significant and we have seen such wonderful things as God moves. We know it's a big decision and can be an exciting time to begin to ask what's next. If you have any questions please get in touch with the DY+ team via Alison.courtney@trentvineyard.org and we'd love to help.