

I always had a strong sense of right and wrong, but didn't grow up in a Christian family. In my mind, church was a building with a steeple where people got married. Growing up, I learnt the basic facts about Jesus but that was it. If being a Christian was simply about being a good person, I felt I ticked that box.

After featuring on Channel 5's "Police Interceptors" through my job as a police sergeant, I found myself in the spotlight and loved the attention. I thought life was good and had it all. I'd even made it as a small-time celebrity!

But then I hit a tough patch. My marriage broke down and I began to face difficulties at work. It was actually these challenges that led me to Trent Vineyard because, during those times of feeling lost, a good friend invited me along.

I remember walking into the building for the first time and thinking, "Is this really a church?" but each time I went, I had this overwhelming feeling I was in the right place. One week, a leader started talking to me. He gave me a Bible and invited me to read the Gospel of Luke. In exchange, he said he would watch an episode of Police Interceptors. I was grinning from ear to ear!

After a few weeks of coming along, I started praying but still had questions about Jesus. So I joined the Alpha course which helped me understand who Jesus was and what He'd done for me.

Then, one Sunday, the time of worship and preaching really moved me. Someone on stage said, "I feel today is the day someone wants to say 'Yes' to Jesus".

I had a strong sense it was me, so I told my friend, and after the service said a prayer with them to invite Jesus into my life. I felt an immediate sense of warmth and peace, and found myself sobbing like a baby. Where had that tough police sergeant gone?

I feel completely different now and when it comes to the battles and challenges in life, I have a tangible sense of clarity. I used to be overwhelmed by negative emotions of anger, frustration and bitterness, but I now experience the light of Jesus helping and guiding me.

I still have battles to fight and challenges to work through, but when I sought the Lord, He heard and He answered me.