

Ken Sithole

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Growing up in a Christian home gave me some good values like discipline and respect for others. I began a friendship with Jesus when I was about nine years old. My relationship with Him began after watching a Christian TV program. One of the presenters talked about how accepting Jesus was really simple and I remember kneeling down and asking God into my life.

However, during my late teens I began to live my own way and made a lot of mistakes. My actions made me feel bad on the inside but I carried on anyway. I struggled with an addiction to pornography even though I knew it was wrong. A relationship I was in also broke up which left me very hurt.

Around this time, there was a particular moment when I was drinking more than I should with friends. I tried to tell myself I was just having fun, but I knew that I was really trying to cover up a sense of hurt and loss I felt on the inside. I knew carrying on that road would never really heal anything but just mask it. In my sadness, I turned to God and started to read the Bible a lot. When I felt depressed, I listened to worship songs or prayed. I spent hours on YouTube listening to people talk about Jesus and His love for me. All I did was listen and amazingly, I found my heart getting better. I also discovered Trent Vineyard and started coming along. Gradually, I connected more and more and now feel like it's my family.

All this helped me deepen my relationship with Jesus and gave me new strength and purpose in life. Jesus has set me free from my addiction to pornography, something I'd been trying to break for years. He has also healed me of panic attacks I suffered due to worry about my studies.

I know the Holy Spirit is in my life and He is changing my character to become more like Jesus. I'm becoming more selfless and open to loving people regardless of what they're like. I used to try and do those things relying on my own will power, but now have come to realise I can only accomplish them through a close relationship with Jesus.

