# ZŌÉ

LOVE THE CHURCH / BE TRANSFORMED SERVE THE WORLD



We ask God to give you complete knowledge of His will and to give you spiritual wisdom and understanding. Then the way you live will always honour and please the Lord, and your lives will produce every kind of good fruit. All the while, you will grow as you learn to know God better and better. We also pray that you will be strengthened with all His glorious power so you will have all the **endurance** and patience you need. May you be filled with joy, always thanking the Father.

Colossians 1:9-12

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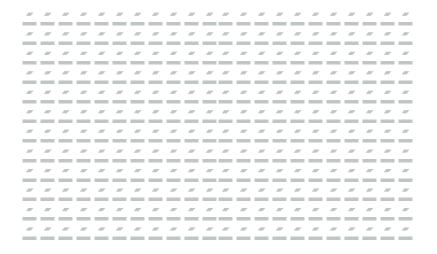
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# Vision

ZŌÉ means life, and this year is about creating a discipleship foundation that will set you up for the rest of your life with Jesus.

We've seen many people go on this journey and it's always incredible to see what God can do when we make ourselves available. Our hope is that in doing a year like ZOÉ, you would develop a deeper love for the church, be transformed by the Spirit and the Word, and learn to serve the world with compassion.

It doesn't come without sacrifice, and may well push you out of your comfort zone, but we believe that's how God so often shapes us the most. If you think ZOÉ could be right for you, we can't wait to go on this journey with you!





# What's Involved?

The year begins in September and ends in July. ZOÉ runs weekly during term time from Sunday - Tuesday and is divided into three terms (Autumn, Spring and Summer). Each term involves a combination of serving, teaching, space to worship and pray together, and opportunities to put all that we're learning into practice as we seek God in community.

## **Sundays**

As part of the year, you'll serve at 5 out of 12 church services in a month. You'll be involved in a range of teams such as car parking, host, refreshments, kids etc. You may also be expected to serve on a team that's connected to a specific ministry area (e.g. Youth, Student Integration, Connect).

Serving on a Sunday allows us to really play our part as a member of the church and teaches us to serve others as Jesus did. We believe that this kind of regular serving is a crucial part of discipleship and helps us to develop a greater love for God's church.

Though we recognise the importance of serving, we also value attending church. So if it's your week off, we would still expect you to come along to one of the 3 services on a Sunday so that you can make the most of worship, teaching,

### **Mondays**

Monday is the day we spend together as a group. Each week varies slightly, but tends to follow a similar structure:

**09.15 - 10.30** - Breakfast and Worship

10.30 - 12.30 - Morning Session

12.30 - 13.30 - Cleaning Hour

**13.30 - 14:15** - Lunch

14:15 - 16.30 - Afternoon Session

The bulk of the day is broken up into two sessions. Morning sessions tend to involve teaching, sharing and praying together, looking at the Bible, or something similar.

Afternoon sessions are generally more active. This is where we might do a Blessing the Community project, or Ministry on the Streets. That's also when we have Key Groups, which are smaller groups within the larger programme where you can go deeper and support one another through prayer and friendship.

At the end of the morning, we serve the church by cleaning the warehouse for one hour before gathering back together for lunch. Everyone on the year will take it in turns to provide food for breakfast and lunch on behalf of the group (the costs of which will be reimbursed).

Every other week ZŌÉ gets to join in with church staff meetings. This is such a great opportunity to be around the staff team and get to know them better as we worship and pray together. It's also where you get to hear about what's going on across the church, and get excited about all God is doing!

### **Tuesdays**

On a Tuesday, you'll get involved with a particular ministry area in the life of the church, as well as serve in Trent Compassion.

#### **Trent Compassion**

Trent compassion supports those in need in our city and beyond. You'll serve as part of the team on Tuesday mornings every other week, with the majority of your time being spent in The Arches (our practical resource centre providing furniture, food, clothing and other support). There will also be opportunity to get involved with some of Trent Compassion's other projects such as the Soup Run, Step Forward, and more.

#### Streams

Streams are specific areas of ministry within the life of the church that you'll be placed with for the year. You'll serve this stream in a variety of ways on a Tuesday, as well as receiving investment from staff members and key volunteers in that ministry area.

When you apply, we'll give you the option to let us know which Stream you'd most like to get involved with. You can find out a bit more about each Stream below, and we'd encourage you to prayerfully consider which one you feel most drawn to:

#### **Newcomers and Evangelism**

This stream includes the opportunity to be involved in all areas of the Newcomers' team including Connect, Alpha, Discipleship Courses, Baptisms, Newcomers' Meals, Ministry on the Streets, Women's and Men's Ministry. You'll get to join in with team meetings, and receive investment from staff and key volunteers, through reading books together, one to ones, learning how to write and deliver talks, and more. We discuss the interests of each individual on our stream and try to take

these into account when planning each term, although serving in some ministries is expected as part of the stream, such as Alpha, Newcomers' Meals and JAD.

#### **Trent Kids**

This stream involves working with our Kids Team. You'll be part of facilitating everything that we get up to! There's a great mix between creative tasks (writing material, planning events, sorting crafts, video making, resource creation, assemblies), practical jobs (cleaning, moving, fixing, tidying), leadership opportunities (learning to lead kids small groups, recruiting and training volunteers, taking increasing weight on Sundays). There's also the option to focus more on 0s-5s ministry or 5-11s school aged ministry. As a stream member you'll be included each fortnight in the staff team's vision, strategy and prayer meetings, and termly retreat and investment days. It's quite a hands-on stream, and most of the learning and input will be doing the stuff and learning on the job.

#### **Trent Youth**

This stream gives you the opportunity to join in with what the Trent Youth staff and volunteer team get up to on a Tuesday. Mornings start at 11am, and will be filled with team time, book reviews etc. Then you'll spend the afternoon working alongside the team picking up a variety of responsibilities before serving at Trent Youth in the evening. This will be a space to get involved in planning various different events, working on Trent Youth projects, helping out with schools and outreach work, and helping to pull together ideas to help Trent Youth grow and thrive. On the whole, you'll effectively become an extension of the staff team, and this will be a really exciting opportunity to get involved in all aspects of Youth Work.

#### **Students and Young Adults**

The Student and Young Adults stream gets you right into the heart of these communities. When you're not with Trent Compassion, you'll be joining us in Team Meetings where we'll be chatting about upcoming events, our vision for these two ministry areas, and praying for them together. You'll spend time planning for and helping to run events such as Young Adults Gatherings, Student Weekend Away, Student Alpha, the Summer Party and more. There is also scope to get involved in leading one of our Student Small Groups and delivering content/talks throughout the year. Each week on a Tuesday, there will be Investment Hour; a time specifically for those on ZOÉ to receive input from the staff team. This might look like going through a discipleship topic, book or podcast. Our hope is that through this stream you will grow as a leader, and develop more of a heart for this generation.

#### Compassion

This stream involves joining the Compassion staff team with opportunities to serve in a number of our Compassion ministries. You will participate in wider Compassion events throughout the year and there will be training sessions and input to help grow your hearts for Compassion and Justice. We invest in those on ZOÉ through looking at books related to this area, workshops where they get to hear about some of the areas of Trent Compassion that they might not get to serve in, one to one staff links with the various ministry leads, and weekly team times before Tuesday morning serves.

#### **Production and Media**

This stream includes a mixture of training and equipping ZOÉ with some key skills for our ministry area. We discuss the skills and interests of each person in order to establish

which area of Production and Media to get you most involved in, and what kind of investment you might need. If you are already involved in sound, media, design, photography etc. then we would love to release you straight into taking part in those things, however this is not essential and we can train someone from scratch as long as they are willing to learn and grow. Tuesdays would involve a lot of investment to begin with, however there would be scope to take on your own small projects once you've had a chance to hone your skills.

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#### **Other Commitments**

Alongside Sundays, Mondays and Tuesdays, we would also expect you to prioritise the following:

#### **Small Group**

We would expect anyone who considers themselves to be a member of the church to regularly attend a Small Group (and that includes anyone doing ZŌÉ). It's a great way to get plugged into church community and find additional support while you're on the year.

#### **Mid-week Ministries**

Depending on your Stream, you may be expected to serve on a weekday evening as part of that ministry area (e.g. Trent Youth Tuesdays, Kid's Micro Groups, Student Small Groups, Soup Run). There is also the option to volunteer with other ministries in addition to your stream commitments if you would like to.

#### Serving at Key Events

Throughout the year there will be additional events that you'll be expected to serve at. This will include things like Leader's Meetings, conferences such as the Vineyard Leader's Gathering and Cause to Live For, and other one-off events in the church calendar. You will be given all key dates at the beginning of the year, and for all conferences you will be given free admission!

#### **Trips Away**

ZŌÉ always begins with a Launch Weekend Away, and often ends with a ministry trip visiting another Vineyard Church in the UK. We will also have opportunities for retreat days together during the year, and these are always a precious





# What will you get out of it?

We always say to everyone who applies, that you'll get out of the year what you're willing to put into it. If you're up for the challenge and throw yourself in, you'll have an incredible year. Just like any other area of your character, the development of your spiritual life is down to you. It's down to your own discipline to take the time you have, not just in  $Z\bar{O}\dot{E}$ , and use it wisely. Take the opportunities you're given, push yourself, engage in self reflection, and most importantly, keep pursuing Jesus.

## ZŌÉ is costly, and requires you to give of yourself, but there's so much to gain in return:

- Time to invest in your relationship with God
- A community of people who will support, encourage and challenge you
- The chance to serve the church, the city, and those around you
- Opportunities to get involved in a range of areas within the life of the church, and see how a large, growing church operates
- Space to step out of your comfort zone by doing the stuff that Jesus did

### How we help

We'll absolutely help you where we can. You'll be linked with someone from the ZŌÉ Team at the start of the year who will be your point of contact to catch up throughout the term if you need it. In addition, there will be regular reviews with the ZŌÉ team to see how you're doing and to set personal aims for the next few months.

Aside from the team, you'll spend a lot of time with particular members of staff in the ministry areas you're involved in and report to them for matters relating to your stream.

Everyone will be given a mentor to meet up with on a regular basis. This will be someone we consider to be wise, pastoral, spiritually mature, and above all, a role model to encourage you in your relationship with Jesus.

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# **Funding**

Unlike most programmes of this type, there is nothing to pay for simply taking part in the year. It's completely free! But where we cover the costs of the course, it's up to you to take responsibility for ensuring you'll be able to cover any other expenses for the year, such as living costs.

We would encourage you to find a part-time job that allows you to work two or three days a week so that, alongside your ZOÉ commitments, you are still able to take at least one day off in the week. We don't want people to find themselves in a bad financial situation or to be irresponsible with debt, and over the years many people have been able to testify to God's provision and generosity. However, if you are concerned about how you might finance the year, we would encourage you to either chat to someone who's done the year and ask how they managed things financially, or a member of the team if you have questions.


## What next?

Seek God. Pray. Talk to those you love and trust. Is this year for you? If it is, then it could be one of the most stretching, exciting and pivotal years of your life.

We would welcome any applicants who are committed followers of Jesus, and are:

Members of Trent Vineyard ie. in a Small Group, serving and attending regularly on a Sunday, and giving financially. Or those attending another church that shares our values. (If you currently attend Trent Vineyard, and are not engaging in the above, but would be willing to, then we would still welcome your application!)

**Able to commit** to a year of serving the church (both practically and in your attitude).

**In a flexible life situation** without too many other commitments, as family, work and social time will be impacted.

Able to balance and be responsible for their own finances.

In a stable and mature place both spiritually and mentally.



# How to apply

Fill in an application form online at trentv.org/zoe

Once we've received your application, we will invite you to an interview (either in person at Trent Vineyard or via Zoom)

We will then prayerfully consider if ZŌÉ feels like the right thing for you and offer you a place.

We're aware this can all sound a bit formal, but the application process is our way of ensuring that the year is right for those who want to do it and that expectations on both sides are communicated effectively.

For more information, please email amy.prinsloo@trentvineyard.org

