



That You May Believe: Thomas Finds Faith

Ali Courtney – 12th April 2026 ([watch talk here](#))

Drawing on John's account of the events following the resurrection, Ali focussed on doubt and uncertainty as they relate to our faith in Jesus. We all have different responses to uncertainty which are shaped by our experience, time and culture. Some of us lean naturally toward optimism and belief while others are more sceptical, requiring more evidence to believe.

In chapter 20 verses 24-29 we read about Jesus' interaction with 'doubting' Thomas and we are invited to explore what this story reveals about Jesus' response to our doubts. Ali encourages us to rethink uncertainty and doubt, describing how this story shows us that Jesus hears our doubts and meets us in them. When speaking to Thomas, Jesus mirrors the words he had spoken to his disciples a week earlier (John 20: 25) meeting him in the mess of his human emotions with an invitation to come closer (John 20:27). We are encouraged that Jesus hears our doubts and invites us to reach out and believe. You can come to Jesus with curiosity, wonder and an acknowledgement of the mystery of faith.

Reflect and discuss

1. What stood out to you from Ali's talk?
2. Read our key passage: **John 20:24-29**. What do you learn about doubt and Jesus' response to it?

Share & Pray

Consider Ali's question: **Can you relate to Thomas?** Spend time in smaller groups sharing your experiences of doubt and belief.

Activate

Reflect on your own response to uncertainty and doubt.

What are/were your questions about faith and Jesus?

How can you take a step towards finding out more, respond to Jesus' invitation to come closer or support someone else on their faith journey?

Prepare to share your experience in a future Small Group meeting.